

## Innovative Therapy Canada Announces Exciting News for Frozen Shoulder Sufferers

GLENN CAMERON Clinical Registered Massage Therapis Shockwave Therapist

Generation Cameron, CEO and founder of Innovative Therapy Canada, a chronic pain therapy clinic here in Cornwall, has been asked to be an integral part in the development of a major break through treatment for a condition that until now has not been efficiently treated here in Canada. Adhesive Capsulitis is an extremely painful shoulder condition which sees its ligaments in a shortened (frozen) state, not allowing certain movements to take place, thus freezing the shoulder joint. Ligaments are extremely thin, strong sheets of connective tissue whose job is to hold the bones of a joint together, and not allow any movements to go too far. The condition may result from an injury to the shoulder such as falling directly on it, or reaching out with an arm to stop a fall. The condition develops after a severe case of shoulder tendonitis/bursitis, tear to the ligaments and/or tendons, or a significant injury to a

muscle of the rotator cuff. Your shoulder basically floats in mid air held in place by the ligaments and given movement by its muscles. Rotator cuff is the medical term used to refer to the four main muscles which stabilize the shoulder joint. If you develop a problem in one or more of these four muscles, adhesive capsulitis could develop. Adhesive capsulitis should not be confused with that of a stiff shoulder, which results due to muscle fatigue, minor tendonitis or an extremely minor ligament sprain, all of which are easily treated.

### Cameron Offers Alternative to Surgery

Cameron has developed treatment protocols for major conditions which until now could only through surgery. They are resolved chronic carpal tunnel syndrome, severe nerve compressions of the feet, legs, neck, arms, and of course his famous bunion and hammer toe removal. You can understand why Cameron is so excited to be a part of the cure for a condition that until now required surgery to be fully resolved and is not frequently being done here in Canada. All therapy clinics treat adhesive capsulitis but few see a full resolution of the extreme form of the condition, even after one year of constant therapy. Cameron's excitement is with the prospect of fully resolving adhesive capsulitis to 100% in less than ten weeks. He hopes to add adhesive capsulitis as the fourth condition that no longer requires surgery to fully resolve.

#### Orthopedic Surgeon in new York City Develops Phase I

An orthopedic surgeon in a chronic pain clinic just outside of New York City has developed a non-surgical treatment for adhesive capsulitis of the shoulder. Later this month, Cameron will be trained in this procedure. He has been asked to then apply his knowledge and skill as the most proficient user of shockwave therapy in North America, to see if he can improve upon the treatment. Then later this spring, Cameron will go to the U.S. to teach on how to incorporate shockwave therapy into the treatment. In addition, Cameron will also incorporate magnetic therapy to further shorten the process of healing. If you suffer from, or know anyone who has adhesive capsulitis, and want to be a part of this ground-breaking study, you are encouraged to contact the clinic and have your name placed on a list of potential patients to be treated. If you have a stiff, restricted painful shoulder, the clinic already successfully treats the condition and can readily be treated at any time. Adhesive capsulitis is a very specific condition easily identified through normal imaging such as diagnostic ultrasound, catscan or MRI. If you are not sure which type of shoulder condition

you have, a no charge consultations is available to help determine this.

#### Testimonials and Personal Stories of Success

On a regular basis now, the staff at Innovative therapy Canada are hearing the same comments over and over again. "I have heard about the clinic and have read about the treatments, but never thought they really worked!. "I can't believe what you have been able to do".

In the weeks to come, we will bring you some of the personal stories of those who desperately want their stories told, so that others who live in pain may be inspired to come in for treatment. Some waited coming in for treatment not thinking that it could really help, and are now sorry they didn't come in sooner. If you suffer from any chronic condition, call the clinic and arrange for a no charge consultation to see if your condition can be successfully treated.

# 30 13th Street East (next to Home Hardware)



