



GLENN CAMERON



**innovative therapy**  
canada

## Be Proactive When it Comes to Your Health! Don't Let Things Go!!

We treat people of all ages for a variety of painful conditions! Treatments vary from shoulder rotator cuff injuries, to back-hip-thigh issues, to bunions and other foot problems. "I am too young to have pain like this", is an expression voiced often by those whom we treat. It doesn't have to be that way.

Problems with your body may begin long before symptoms of pain and/or numbness ever materialize. The human body has the inherent ability to block pain on a daily basis. This feature is a coping mechanism, designed to help us function with as little pain as possible. This mechanism is good in a way, letting us live our lives with less, or no pain at all for most days. We all have a certain threshold to pain, and we feel pain when that threshold is crossed. However, potential damaging conditions may go unknown to us and untreated because of a high pain threshold. This situation often causes more serious, potentially damaging effects to occur.

Consider Sciatica (ache down back of leg and/or pins and needles into the foot) for example. The very first time most people ever experience an initial bout of sciatica, they were likely under the age of fifty. It caused grief for a few weeks; perhaps some therapy was implemented to help with the symptoms, and then it was gone. However, many, once again experienced the pain of the condition and wondered why. The problem is that the actual cause of the sciatica may never have been identified and adequately corrected.

Now the condition has returned with far more severity



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*A remarkable outcome but it did not last. This person suffered permanent damage to the joint by not seeking help earlier.*

than ever! You're now middle aged and a low back x-ray shows arthritis, and you wonder why. The answer to this question may be traced back to that first bout of sciatica years earlier.

Be proactive when it comes to your health, don't let things go! Joint damage, nerve damage, and arthritis may be inevitable and unfortunate side-effects to many conditions that are not properly and fully corrected.

If you, or anyone you know, has pain that concerns you, we encourage you to call for a FREE consultation at 933-3400 or visit us at: [www.innovativetherapycanada.com](http://www.innovativetherapycanada.com)

**Let us treat your pain & put a smile back on your face.**

**30 13th Street East**

(next to Home Hardware)

**613-933-3400**

[www.innovativetherapycanada.com](http://www.innovativetherapycanada.com)



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